

**Interview
for Traumatic Events in Childhood
(ITEC)**

Instructions: (to be read to the participant)

“People can get affected by stressful and unsettling events. We will ask you whether you experienced such events. The questions will cover your experiences in the time period of your childhood and teenage years. Although some of the questions will be personal, we would like to ask you to answer them as truthfully as possible. Your answers will be handled with utmost confidentiality.”

How to fill out this form: (only for the administrator)

This interview consists of four parts: 1) *sexual abuse*, 2) *physical abuse*, 3) *emotional abuse*, and 4) *neglect*. In each part a number of actions are described, which the participant might have been confronted with. The last question of every part is concerned with whether the participant witnessed one of the listed actions.

If the participant was directly involved in an action, all non-shaded fields must be filled out using the code indicated on page 3. If the participant witnessed one of the listed action, the complete row must be filled out. The items marked with an asterisk (*) describe actions which the participant could have witnessed.

In case a person is mentioned which is not included in the code list, the relationship the participant had with this person must be assessed. For instance, a classmate who maintains a good relationship with the participant will be classified as a friend, whereas a classmate who the participant does not have a good relationship with is coded as an acquaintance.

In case more than one perpetrator is named (for instance with emotional abuse, item 7), list all persons concerned but only code in the following way: In case one of the perpetrators is Mother, Father, Brother, Sister, step/foster mother, step foster father grandmother or grandfather, note down the score of the worst perpetrator. In case the perpetrators are one of the other categories, score 25; multiple persons. For more details, see manual ITEC FAQ.

Example:

Event 13	Action (1-12)	By whom? (coded)	To whom? if 13 = yes (coded)	How old were you? (starting age, coded)	Once or more often?	If more often, for how long? (total period, coded)	Degree of distress at that time? (0-4)	Has the negative impact changed later? (0-2)
	2	6	-	1	1	2	2	0
X	2	6	4	2	0	-	3	2
X	3	6	4	3	0	-	3	2

Explanation of example:

1. *Action 2* was committed by the *step- / foster father*. The participant was between *0 and 6 years* old when it began. It happened *more than once* for a period of *1 to 3 years*. The degree of distress at that time was *considerable* and *has not changed* later on.
2. The participant *witnessed* the second action, committed by the *step-/ foster father to the sister*. At that time the participant was between *6 and 12 years* old, and it happened *once*. The degree of distress was *severe* and has later changed to “*more distressful*”.
3. See 2., except for this time, the participant witnessed – and *was not the victim of* – a different action (*action 3*).

Code list

Codes describing persons

1	Mother	8	Uncle	15	Brother-in-law	21	Partner
2	Father	9	Grand-mother	16	Sister-in-law	22	23
3	Brother(s)	10	Grandfather	17	Acquaintance of parents	23	Acquaintance
4	Sister(s)	11	Cousin (female)	18	Social worker	24	Stranger
5	Step-/ foster mother	12	Cousin (male)	19	Teacher	25	Several persons
6	Step-/ foster father	13	Neighbour (male)	20	Confidant (e.g. babysitter, priest, pastor)		
7	Aunt	14	Neighbour (female)				

How old were you?

1. 0-6 years
2. 6-12 years
3. 12-18 years

Did the event happen once or more often?

0. Once
1. More often

Duration of the total time period in which the stressful and unsettling event happened more often.

What was the total duration?

1. less than 1 year
2. 1-3 years
3. 4-6 years
4. 7-9 years
5. 10 years or longer

(In case the participant does not exactly know the duration, try to find out an estimate. Otherwise, take the average of the rest of the group.)

Degree of distress. *(name all the options!)*

To which degree did you feel distressed at that time?

0. Not at all
1. A little
2. Considerably
3. Severely
4. Very severely

Degree of distress later.

Has the degree of distress changed later on?

0. No
1. Yes, less distressful later on
2. Yes, more distressful later on

In case of sexual abuse, action 10

0. Objects designed for insertion (e.g. a vibrator)
1. Blunt objects, not designed for insertion
2. Sharp object, not designed for insertion or another type of damaging object

Before you turned 18, were you ever sexually approached against your will? Yes - No

Before you turned 18, did you ever have a sexual relationship with someone who was at least 5 years older? Yes - No

Even if no sexual abuse present, ask question 14 (witnessing)

If so, which actions were present? *(to be filled in tab below using codes on page 3)*

1. You were approached with an offer to engage in sexual acts
2. You were sexually touched
3. You had vaginal intercourse
4. You had anal intercourse
5. You sexually satisfied someone by hand
6. You sexually satisfied someone by mouth
7. You were being "sexually satisfied" (by hand or mouth)
8. You were forced to watch sexual acts (*)
9. You were involved in sexually sadistic acts (e.g. sadomasochism or sex with animals)
10. It was made use of objects in a sexual way, namely.....(code =)
11. You were involved in sexual acts in which spectators were present, direct or indirect (e.g. by video recording) (*)
12. You were blackmailed to remain silent about the sexual acts
13. Other:.....
14. Did you witness one of the actions above? If so, we would like to know **which** **actions**, **by whom**, and **to whom** they were committed. (again go through questions above)

[illegible]

Before you turned 18, did you ever experience one of the following events?

1. You were hit
2. You were kicked
3. You were punched
4. You were hit with a stick or another object
5. You were being thrown at with something
6. Your hair was pulled
7. You were cut with a knife or another sharp object
8. You were burned by someone
9. You were taken by the throat
10. Your clothes were ripped off your body
11. You were dragged along the ground
12. You were tied up or locked in
13. You were threatened with one of the actions just mentioned
14. Other:.....
15. Did you witness one of the actions above? If so, we would like to know ***which actions, by whom, and to whom*** they were committed. (*again go through questions above*)

[illegible]

(this concerns emotional abuse, i.e. active)

- [illegible]

(this concerns emotional neglect, i.e. rather passive)

- above)*

[illegible]

(this concerns physical neglect)

- above)*

[illegible]

